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Diabetes Cookbook For Dummies For

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He is also the author of Thyroid For Dummies, High Blood Pressure For Dummies, Type 1 Diabetes For Dummies, and Prediabetes For Dummies. Cait L. James, MS, is a Senior Health Educator at Kaiser Permanente in San Francisco. After receiving her undergraduate degree in Journalism and Health

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Alan Rubin, MD, is the author of Diabetes Cookbook For Dummies, Type I Diabetes For Dummies, Prediabetes For Dummies, High Blood Pressure For Dummies, Thyroid For Dummies, and Vitamin D For Dummies. He is a professional member of the Endocrine Society and American Diabetes Association.

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About the Author Alan Rubin, MD, is the author of Diabetes Cookbook For Dummies, Type I Diabetes For Dummies, Prediabetes For Dummies, High Blood Pressure For Dummies, Thyroid For Dummies, and Vitamin D For Dummies. He is a professional member of the Endocrine Society and American Diabetes Association.

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His first book, Diabetes For Dummies, is a basic reference for any nonprofessional who wants to understand diabetes. It has sold more than 250,000 copies and has been translated into French, Chinese, Vietnamese, and Russian. It is out in a second edition. He is also the author of Thyroid For Dummies and High Blood Pressure For Dummies.

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About the Author Alan Rubin, MD, is the author of Diabetes Cookbook For Dummies, Type I Diabetes For Dummies, Prediabetes For Dummies, High Blood Pressure For Dummies, Thyroid For Dummies, and Vitamin D For Dummies. He is a professional member of the Endocrine Society and American Diabetes Association.